

Fit As A Fiddle

5K Race & 5K LYTE RUN

REGISTRATION FORM

Circle One: 5K RACE - competitive event OR 5K Lyte Run- non-competitive event

Gender: Male Female
(Circle one)

T-Shirt Size: S M L XL 2XL

*Shirt size preferences can not be guaranteed if registration form is received after 10/3/2009.

Name: _____ Phone: _____
Address: _____ Email: _____
City: _____ ST: _____ Zipcode: _____

DOB ____/____/____ Age on Race Day: _____ OR School Grade on Race Day: _____

FEE'S

Pre-Registration Entry Fee: \$7.50 (Registration MUST be received BY/BEFORE Oct 10, 2009 - noon)

Race Day Entry Fee: \$11.00 Registration ON RACE DAY 6:30-7:30a

T-Shirt Fee: \$7.50

Total Paid: _____

Release: By submitting this entry form, I waive, release, and forever discharge any and all claims, rights, and causes of action against sponsors, organizers, and representatives of the 2009 Berryville BlueGrass 5K and 5K Lyte races for injury or illness which may result from my participation in the race and events surrounding the race. I state that I am in the proper physical condition to participate in this event. I recognize that the sponsors and organizers of this event have not undertaken to provide the undersigned with any medical care, treatment, or advice concerning my participation in this event.

Signature of Participant: _____ Date: _____

Signature of Guardian: _____ Date: _____

Mail COMPLETED & SIGNED forms + checks or money orders:

Fit As A Fiddle (FAF) - 601 Dr Spurlin Circle, Berryville, AR 72616

Make Checks & Money Orders Payable to: **BCCF**

Saturday, October 24, 2009

8:00am sharp!



Co-Sponsored by
Carroll County Road Runner Club
&
Berryville Community Center
Foundation
870.423.3139

"Fit As A Fiddle 5K"

Saturday, October 24, 2009
8:00am sharp!

DATE: Saturday, October 24, 2009 @ 8:00am sharp

Pre-Reg Check-in: 6:30am - 7:30am at Community Center Pavilion

Race Type: 5k Race - competitive event OR 5k Lyte Run - non-competitive event

Incentives: Certificates for all 5K Lyte; 5K Race-Prizes awarded for Overall & age group 1, 2 & 3rd Place

"Fit As A Fiddle 5K"

EVENT OVERVIEW

To celebrate the Berryville Bluegrass Festival and healthier lifestyles, Carroll County Road Runner Club & BCC Foundation are sponsoring the 1st Annual BlueGrass Run. The course takes participants (well trained to beginners) through the scenic south- side of the city of Berryville – offering moderate hills and fine fall scenery. The course begins and ends at the Berryville Community Center!

FAQ'S

What is the difference between 5K 5k Lyte Run?

The 5K Race is for competitive race with prizes. The 5K Lyte Run is for new runners/"couchers" who want to walk/jog the course earning Certificates of Completion.

How far is a 5K? A 5k is 3.1 miles.

Where do I get a register form?

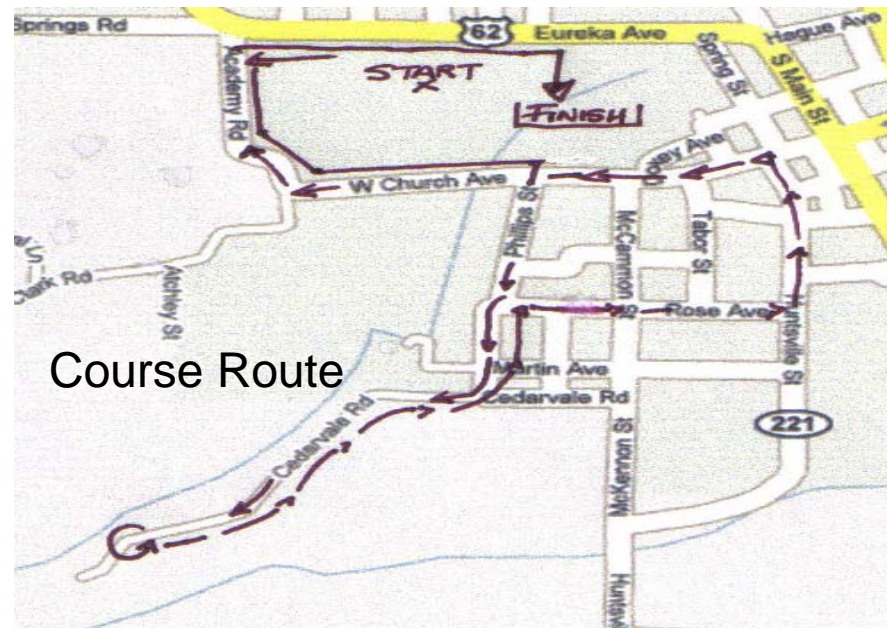
Pick-up a registration form at BCC, Berryville Chamber & their website, various Berryville Downtown Merchants. Pre-registration is recommended & cheaper!

What is the cost to participate? See other side for details.

Who can we contact for more information?

Berryville Community Center-870.423.3139.

Or Carroll County Road Runner Club - 870.423.1145.



Course Route

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&

Berryville Community Center Foundation
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